

# Parenting & Infant Development

## Unit 1 (Learning About Children)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is child development?</p> <p>What types of development does play promote?</p> <p>What developmental skills does quiet play promote?</p> <p>What are developmentally appropriate practices?</p>	<p>Appropriate learning activities are dependent on the child's stage of development</p> <p>Health and safety hazards need to be evaluated at each stage of development</p>	<p>Identify steps of planning an activity for each stage of development.</p> <p>Examine and select activities and toys for children at different stages of development</p> <p>Examine popular toys and identify positive and negative aspects of construction and safety.</p>	<p>Brainstorm Child Development is...</p> <p>Explain why childhood is an important time of development</p> <p>Identify ways that play benefits children</p> <p>Teamwork Create posters how play benefits children</p> <p>Describe reasons for studying children Explain the benefits of</p>	<p>Behaviors Caregivers Child development</p>	<p>11.4.6.A Compare and contrast child development guided practices according to the stage of child development</p> <p>11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development</p>

					<p>studying child development</p> <p>RealCare: Important Roles of the Caregiver Self-Assessment Analyzing caregiver scenarios</p> <p>Assessment</p>		
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is child development?</p> <p>What makes an activity developmentally appropriate?</p> <p>What is a theory?</p> <p>How are developmental theories used in working with children?</p>	<p>Development progresses in stages</p> <p>-----</p> <p>Appropriate learning activities are dependent on the child's stage of development</p> <p>-----</p> <p>Research has identified practices, environments and conditions that optimize child development</p> <p>-----</p>	<p>Identify characteristics of physical, social, emotional, intellectual development</p> <p>Identify and define basic concepts of growth development.</p> <p>-----</p> <p>Identify steps of planning an activity for each stage of development</p> <p>-----</p> <p>Analyze interrelationships</p>	<p>Compare childhood in the past and present</p> <p>Outline the leading ideas about how children develop</p> <p>Describe five principles of development</p> <p>Explain influences on development</p> <p>Explain the role of self-esteem in development</p>	<p>Adolescence</p> <p>Developmental tasks</p> <p>Environment</p> <p>Heredity</p> <p>Neurons</p> <p>Self-esteem</p> <p>Sequence</p>	<p>11.4.3.A Identify characteristics in each stage of child development.</p> <ul style="list-style-type: none"> <li>• Infancy/birth to 1 year</li> </ul> <p>11.4.6.A Compare and contrast child development guided practices according to the stage of child development</p> <p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development</p>

			<p>New research continues to expand our understanding of child development and parenting.</p> <p>-----</p> <p>among physical, emotional, social and intellectual aspects of child growth and development.</p> <p>-----</p> <p>Compare and contrast past theorists with new theorists’ ideas and their impact on parenting.</p> <p>Analyze child development theories and their implications for education and for education and childcare practices.</p>	Assessment		11.4.12.A Analyze current research on existing theories in child development and its impact on parenting	
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and	<p>What makes an activity developmentally appropriate?</p> <p>-----</p> <p>How do children learn behavior patterns?</p> <p>-----</p>	<p>Appropriate learning activities are dependent on the child’s stage of development</p> <p>-----</p> <p>Research has identified</p>	<p>Observe children at various levels of development and analyze differences.</p> <p>-----</p> <p>Explain how observations and assessments help</p>	<p>Explain the importance of observing young children</p> <p>Evaluate four methods of observation</p>	<p>Anecdotal record</p> <p>Baseline</p> <p>Confidentiality</p> <p>Developmental checklist</p> <p>Frequency count</p> <p>Interpret</p> <p>Objective</p> <p>Running record</p>	<p>11.4.6.A</p> <p>Compare and contrast child development guided practices according to the stage of child development</p> <p>11.4.9.A</p> <p>Analyze physical, intellectual and</p>

	stable family and community environments	Why is confidentiality important in observations of children?	practices, environments and conditions that optimize child development ----- New research continues to expand our understanding of child development and parenting	understand children ----- Observe and assess all areas of development using an anecdotal record, narrative rating scale, and/or checklist	Discuss guidelines for observing young children  Explain why confidentiality is essential when observing and interpreting the behavior of children  Assessment	Subjective	social/emotional development in relation to theories of child development  11.4.12.A Analyze current research on existing theories in child development and its impact on parenting
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments  Career choice and preparation are lifelong processes based on many	How will lifelong learning play a part in my career journey?  What is lifelong learning?  What training opportunities will best prepare me for my chosen career pathway?  How are developmental theories used in	Factors that impact career choices. ----- New research continues to expand our understanding of child development and parenting.	Describe influences that impact personal career choices  Locate, evaluate and interpret career information  Identify personal interests, aptitudes and abilities that influence career choice. ----- Analyze child development	Name three different levels of jobs  Describe different methods of researching jobs  Identify factors that can be used to analyze careers  Describe skills needed to prepare for jobs of the future.	Aptitudes Entry-level job Lifelong learner Paraprofessional Professional Service learning Systems Work environment Work-based learning	13.1.8.H Choose personal electives and extra-curricular activities based upon personal career interests, abilities and academic strengths  13.1.11.A Relate careers to individual interests, abilities and aptitudes  13.1.11.B Analyze career options based on personal interests, abilities, aptitudes, achievements and goals

	influences and using many strategies.	working with young children?		theories and their implications for education and childcare practices	Assessment		<p>13.1.11.C Analyze how the changing roles of individuals in the workplace relate to new opportunities within career choices</p> <p>11.4.12.A Analyze current research on existing theories in child development and its impact on parenting.</p>
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## Unit 2 (Learning About Families)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
1-2/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	<p>What is a family?</p> <p>Why are families important?</p> <p>-----</p> <p>How do family functions change</p>	<p>Each life stage has identifiable developmental tasks</p> <p>-----</p> <p>Family members depend on one another to meet their needs and responsibilities</p>	<p>Identify developmental tasks of family members at different stages of the life cycle</p> <p>-----</p> <p>Identify the family as the basic unit of society.</p>	<p>Explain the functions that families fulfill</p> <p>Describe types of family structures and special issues related to each type</p>	<p>Adoption</p> <p>Blended family</p> <p>Extended family</p> <p>Family life cycle</p> <p>Foster children</p> <p>Guardians</p> <p>Nuclear family</p> <p>Single-parent family</p> <p>Values</p>	<p>11.2.3.G Identify the life stages by identifying their developmental task</p> <p>11.2.3.F Explain daily activities that fulfill family functions in meeting responsibilities</p> <p>11.2.12.F</p>

	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	throughout the life cycle?	Family tasks change to meet the needs of its individuals members throughout human developmental stages	Describe ways families meet the basic human needs.  Describe the roles of family members.  Assess the ability of the family to meet the needs of its individual members throughout human developmental stages	Identify stages that families with children go through  Analyze trends that affect families today  Describe the importance of families  Assessment		Assess the relationship of family functions to human developmental stages
1-2/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	How do nurturing relationships help a family stimulate the growth and development of children?	Family tasks change to meet the needs of its individual members throughout human development stages.	Explain how families survive as an institution.  Describe ways in which families expand and contract over the course of the family life cycle.  Discuss strategies for	Describe that changes that parenthood brings  List considerations couples should look at before deciding to become parents	Emotional maturity Parenthood	11.2.12.F Assess the relationship of family functions to human developmental stages

				sharing family responsibilities as families adapt to change.	Use a process to build management skills  Assessment		
<b>Unit 3 (Teen Pregnancy and Parenthood)</b>							
<b>Estimated Unit Time Frames</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be able to:</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>
2-3/45 min lessons	Health concepts are essential for wellness and a health-enhancing lifestyle.  Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	What choices should you make to act and grow responsibly ----- Explain how peer pressure influences behavior	The way our multiple body systems function determines our level of health ----- Effective communication skills help in resolving conflict	Select healthy attitudes and habits that promote individual growth and responsible decision making ----- Recognize conflict as a natural part of human behavior	Explain how teens can avoid pregnancy  Distinguish between sexuality and sexual activity  Explain how values can help teens face issues of sexuality  Describe negative consequences of sexual activity  Assessment	Abstinence Hormones Paternity Peer pressure Sexuality Sexually transmitted diseases (STDs)	10.2.6.A Explain the relationship between personal health practices and individual well-being.  10.2.6.D Describe and apply the steps of a decision-making process to health and safety issues.  11.2.3.H Identify how to resolve conflict using interpersonal communication skills

2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	What communication skills are needed when solving problems and making decisions ----- How does problem solving use both critical and creative thinking?	Communication skills are important when solving problems and making decisions ----- Infusing effective personal communication skills into the daily life helps to reduce and resolve conflict	Examine how power can be used or misused in interpersonal exchanges and decision-making ----- Apply the steps of conflict resolution to a problem	Analyze the six-part process to solving problems  Analyze various options a pregnant teen has  Assessment	Closed adoption Miscarriage Open adoption	11.2.9.H Justify the significance of interpersonal communication skills in the practical reasoning method of decision making  11.2.12.H Evaluate the effectiveness of using interpersonal communication skills to resolve conflict
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#### Unit 4 (Prenatal Development)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a	Why do all the areas of growth and development happen at different rates? ----- How do nurturing relationships	Research has identified characteristics of an effective learning environment. ----- Family tasks change to meet the needs of its	Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development -----	Distinguish among the three stages of pregnancy.  Describe prenatal development during each stage of pregnancy.	Amniotic fluid Conception Embryo Fetus Ovum Placenta Prenatal development Sperm Umbilical cord Uterus	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development  11.2.12.F Assess the relationship of family functions to



	<p>diverse, global society</p> <p>Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments</p>	<p>help a family stimulate the growth and development of children?</p>	<p>individual members throughout human developmental stages</p>	<p>Assess the ability of the family to meet the needs of its individual members throughout human developmental stages</p>	<p>Explain what changes affect a woman during each stage of pregnancy.</p> <p>Assessment</p>	<p>zygote</p>	<p>human developmental stages</p>
<p>1-2/45 min lessons</p>	<p>Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments</p>	<p>Why do all the areas of growth and development happen at different rates? -----</p> <p>How does the availability of community resources impact the development of its children?</p>	<p>Health and safety hazards need to be evaluated at each stage of development</p>	<p>Describe and predict health and safety hazards relating to children at each stage of development</p>	<p>Describe how personal characteristics are inherited.</p> <p>Explain the causes of multiple births</p> <p>Evaluate the different possible solutions for infertility</p> <p>Assessment</p>	<p>Chromosomes Dominant Genes Infertility Recessive surrogate</p>	<p>11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development.</p>



## Unit 5 (Preparing for Birth)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	<p>Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments</p> <p>Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level</p>	<p>Public, nonpublic and profit service providers support individuals and families in a variety of ways. -----</p> <p>How and why do energy and nutrient requirements change when pregnant?</p>	<p>Identify how public, non-public and for profit services aid in the development or support of families -----</p> <p>Life stages have different energy and nutrient requirements</p>	Compare nutritional needs of individuals throughout the life cycle	<p>List the early signs of pregnancy</p> <p>Assess the importance of early and regular medical care during pregnancy</p> <p>Plan a nutritious diet during pregnancy</p> <p>Give recommendation about personal care for a pregnant woman</p> <p>Assessment</p>	<p>Anemia</p> <p>Obstetrician</p> <p>Rf factor</p>	<p>11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for individuals at various stages of the life cycle</p> <p>11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for individuals at various stages of the life cycle</p>
1-2/45 min lessons	Responsible consumers use effective resource	How do individuals and families choose services that	Public, nonpublic and for-profit services differ	Investigate and compare various types of services available to the	Analyze how expectant parents can plan for a baby's care	<p>Budget</p> <p>Fixed expenses</p> <p>Flexible expenses</p>	<p>11.1.12.G Compare the availability, costs and benefits of accessing public,</p>

	management to accomplish individual, family and community goals.	best meet their needs?	in availability, costs and benefits	family and develop a spreadsheet/chart to illustrate costs and benefits	Evaluate the preparation expectant parents should make  Explain how and why to make a budget  Assessment	Formula Maternity leave Pediatrician	nonpublic and for-profit services to assist the family.
3-4/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	What types of community services need to be available for each life cycle stage?	Families and communities impact each other	Research and analyze public policies, agencies and institutions that impact families.  Describe how the community responds to families and their needs over the course of the life cycle.	Discuss the childbirth choices available to most parents  Describe how parents can prepare for childbirth  Assessment	Alternative birth center Delivery Labor Lay midwife Nurse-midwife Postpartum Prepared childbirth	11.2.9.G Explain the influences of family life cycle stages on the needs of families and communities
Unit 6 (The Baby's Arrival)							
Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content

2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What are ways to protect children from accidents, injuries, diseases and illnesses?</p> <p>-----</p> <p>What are health and safety issues that impact children in other countries?</p>	<p>Health and safety hazards need to be evaluated at each stage of development</p> <p>-----</p> <p>Current global health and safety issues impact children at various developmental stages.</p>	<p>Evaluate current technology practices concerning children and teens.</p> <p>-----</p> <p>Explain confidentiality laws in regards to general information, health records, medication administration</p>	<p>Recognize signs that labor may have begun</p> <p>Outline the three stages of labor</p> <p>Describe a baby's appearance at birth</p> <p>Assessment</p>	<p>Cervix</p> <p>Cesarean birth</p> <p>Contractions</p> <p>Dilates</p> <p>Fontanels</p> <p>Forceps</p>	<p>11.4.9.B</p> <p>Evaluate health and safety hazards relating to children at each stage of child development</p> <p>11.4.12.B</p> <p>Analyze current issues in health and safety affecting children at each stage of child development.</p>
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What are ways to protect children from accidents, injuries, diseases and illnesses?</p> <p>-----</p> <p>What environmental situations prior to birth can affect child development?</p>	<p>Health and safety hazards need to be evaluated at each stage of development</p> <p>-----</p> <p>Current global health and safety issues impact children at various developmental stages</p>	<p>Describe and predict health and safety hazards relating to children at each stage of development.</p> <p>-----</p> <p>Research and present current issues in health and safety affecting children at each stage of development</p>	<p>Explain the purpose of common hospital procedures following a birth</p> <p>Explain the special needs of a premature baby</p> <p>Describe a mother's needs after having given birth</p>	<p>Apgar scale</p> <p>Bonding</p> <p>Colostrum</p> <p>Incubator</p> <p>Postnatal</p> <p>Premature</p> <p>Rooming-in</p>	<p>11.4.9.B</p> <p>Evaluate health and safety hazards relating to children at each stage of child development</p> <p>11.4.12.B</p> <p>Analyze current issues in health and safety affecting children at each stage of child development.</p>

					Assessment		
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What are ways to protect children from accidents, injuries, diseases and illnesses? ----- What is brain development?	Health and safety hazards need to be evaluated at each stage of development ----- New research continues to expand our understanding of child development and parenting.	Describe and predict health and safety hazards relating to children at each stage of development. ----- Analyze current and emerging research about child growth and development including research on brain development	Recognize a baby's reflexes  Describe babies' basic needs  Discuss how babies' needs can best be met  Assessment	Grasp reflex Reflexes Rooting reflex Startle reflex temperament	11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development  11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson and prior findings versus new brain development research)

### Unit 7 (Effective Parenting Skills)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and	How can parents learn more about other child development theories and parenting strategies?	New research continues to expand our understanding of child development and parenting.	Compare and contrast past theories with new theorists' ideas and their impact on parenting.  Compare and contrast different	Explain how knowledge of child development is linked to reasonable expectations	Authoritarian style Democratic style Deprivation Nurturing Parenting Permissive style	11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson, and prior findings versus new brain development research)

	stable family and community environments			parenting styles at each stage.	Distinguish among different parenting styles  Identify ways to improve parenting skills  Describe how to nurture children  Assessment		
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What does a caregiver provide?  What qualities should caregivers display when guiding children?	Caregivers play a key roles in the learning environment.	Explain how positive guidance promotes better learning.	Explain the importance of consistency in guiding children  Apply effective techniques for encouraging appropriate behavior  Explain how and why to set limits  Identify effective ways of dealing with misbehaviors	Conscience Guidance Negative reinforcement Positive reinforcement Self-discipline Time-out	11.4.6.C Identify the role of the caregiver in providing a learning environment

					Assessment		
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>Why should parents and schools work together when it comes to educating children?</p> <p>Why is childcare necessary?</p> <p>What factors need to be considered before choosing a childcare provider?</p> <p>What makes a stimulating learning environment?</p>	<p>Learning environments are everywhere -----</p> <p>Caregivers play a key role in the learning environment. -----</p> <p>There are many considerations when choosing a child care provider -----</p> <p>Research has identified characteristics of an effective learning environment.</p>	<p>Describe places of learning in the home and community. -----</p> <p>Describe the roles and responsibilities of the caregiver in providing a variety of opportunities for play and learning. -----</p> <p>List criteria for selecting care and services for children, including special needs children.</p> <p>Compare different types of child care services.</p> <p>Explain steps families may take in choosing quality child care.</p>	<p>Explain why people need substitute child care</p> <p>Analyze the advantages and disadvantages of the types of substitute care that are available</p> <p>Identify ways of guiding children's behavior and factors to consider in selecting child care</p> <p>Assessment</p>	<p>Accreditation</p> <p>Child care center</p> <p>Family child care</p> <p>Head start</p> <p>License</p> <p>Montessori preschool</p> <p>Nanny</p> <p>Parent cooperative</p> <p>Play group</p> <p>Preschool</p>	<p>11.4.3.C Identify the characteristics of a learning environment</p> <p>11.4.6.C Identify the role of the caregiver in providing a learning environment</p> <p>11.4.6.D Identify child-care provider considerations</p> <p>11.4.9.C Evaluate various environments to determine if they provide the characteristics of a proper learning environment</p>



				<p>-----</p> <p>Compare and contrast various settings to determine if they provide the characteristics of an effective learning environment.</p> <p>Investigate and analyze how the environment can affect learning.</p>			
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### Unit 8 (Physical Development During the First Year)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family	<p>How do children grow and change?</p> <p>-----</p> <p>What are developmentally appropriate practices?</p>	<p>Development progresses in stages</p> <p>-----</p> <p>Research has identified practices, environments and conditions that optimize child development</p>	<p>Identify characteristics of physical development at each stage.</p> <p>-----</p> <p>Develop physical activities for infants</p>	<p>Analyze children's physical development to find three patterns</p> <p>Describe physical growth during the first year</p>	<p>Depth perception</p> <p>Hand-eye coordination</p> <p>Motor skills</p> <p>Primary teeth proportion</p>	<p>11.4.3.A Identify characteristics in each stage of child development.</p> <ul style="list-style-type: none"> <li>• Infancy/birth to 1 year</li> </ul> <p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation</p>

	and community environments				Describe the development of senses and motor skills during the first year  Assessment		to theories of child development
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized through consistent and stable family and community environments	How can research and technology be used to optimize brain development?  What is brain development?	New research continues to expand our understanding of child development and parenting	Analyze current and emerging research about child growth and development including research on brain development.	Explain what functions each part of the brain controls  Describe how brain cells work together  Explain how the brain becomes organized  Identify activities that support the development of brain pathways  Assessment	Axon Cortex Dendrite Myelin Neurons synapse	11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson, and prior findings versus new brain development research).
3-4/45 min lessons	Nutrition, eating habits and preparation choices impact overall health	How and why do energy and nutrient requirements	Life stages have different energy and nutrient requirements.	Compare nutritional needs of individuals throughout the life cycle	Explain how to hold and feed a baby	Shaken baby syndrome Weaning	11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for

	and wellness throughout the lifecycle at individual and societal level.	change with age? -----  What type of health issues might affect meal planning over the lifespan?	-----  Meal planning principles can be tailored to meet the needs of individuals across the lifespan	-----  Create and evaluate a meal plan that is designed to meet the specific nutritional needs across the lifespan	Identify an infant's nutritional needs  Assessment		individuals at various stages of the life cycle.  11.3.12.F Evaluate the application of nutrition and meal planning principles in the selection, planning, preparation and serving of meals that meet the specific nutritional needs of individuals across the lifespan.
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What are some current health and safety issues in the United States that effect infants?	Stable family and community environments optimize child development	Describe and apply developmentally appropriate practices	Describe or demonstrate how to bathe, dress and diaper a baby  Tell how to encourage good sleep habits  Assessment	Cradle cap Diaper rash sleeper	11.4.12.C Analyze practices that optimize child development (e.g., stimulation, safe environment, nurturing caregivers, reading to children)
Unit 9 (Emotional and Social Development During the First Year)							
Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content

3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	How do positive and/or negative environments affect a child's emotional and social well-being?	Research has identified practices, environments and conditions that optimize child development ----- Stable family and community environments optimize child development	Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development ----- Analyze how emotional and physical wellness of the caregiver can affect the child's development	Define emotional and social development  Explain the importance of attachment to emotional and social development  Explain how a baby's care affects emotional and social development  Analyze people according to different temperament traits  Assessment	Attachment Emotional development Failure to thrive Social development	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development.  11.4.12.C Analyze practices that optimize child development (e.g., stimulation, safe environment, nurturing caregivers, reading to children).
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and	How do children learn behavior patterns?	Research has identified practices, environments and conditions that optimize	Determine developmentally appropriate guidelines for children's behavior	Describe how behavior is learned  Describe how emotions	Colic Pacifier Stranger anxiety	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development

	optimized through consistent and stable family and community environments		child development		change during infancy  Recognize signs of social development in babies  Assessment		
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### Unit 10 (Intellectual Development During the First Year)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is a theory?</p> <p>What influence do theories have on child care/caregivers -----</p> <p>How are developmental theories used in working with young children?</p>	<p>Research has identified practices, environments and conditions that optimize child development. -----</p> <p>New research continues to expand our understanding of child development and parenting</p>	<p>Analyze the relationships among physical, social and intellectual aspects of child growth and development.</p> <p>Develop intellectual activities for infants -----</p> <p>Compare and contrast past theorists with new theorists'</p>	<p>Give examples of signs of intellectual growth in infants</p> <p>Identify and give examples of Piaget's stages of learning</p> <p>Explain how caregivers can make use of Piaget's ideas</p> <p>Assessment</p>	<p>Attention span</p> <p>Cause and effect</p> <p>Concrete operations period</p> <p>Formal operations period</p> <p>Object permanence</p> <p>Perception</p> <p>Preoperational period</p> <p>Sensorimotor period</p> <p>Symbolic thinking</p>	<p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development.</p> <p>11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson and prior findings versus new brain development research)</p>

				<p>ideas and their impact on parenting.</p> <p>Analyze child development theories and their implications for education and childcare practices</p>			
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments.	What are developmentally appropriate practices?	<p>Research has identified practices, environments and conditions that optimize child development.</p> <p>Health and safety hazards need to be evaluated at each stage of development</p>	<p>Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development.</p> <p>Examine popular toys and identify positive and negative aspects of construction and safety</p>	<p>Discuss ways parents and caregivers can help babies' intellectual growth</p> <p>Identify toys appropriate for a baby's age</p> <p>Explain how babies develop communication skills</p> <p>Assessment</p>	Age appropriate Childproof recall	<p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development</p> <p>11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development.</p>